

## Native American Cancer Research Corporation Trainings

### Virtual, Native Patient Navigation - Introduction

MWF during 12nd & 3rd week of August 2022

#### AGENDA

### 8/8/2022 Overview of Patient Navigation

Start	Duration	Topics	Facilitator
8:30 AM	0:30	Registration	
9:00 AM	0:10	Welcome, blessing	Lisa
9:10 AM	0:10	ARS pre-training workshop	Linda
9:20 AM	0:15	Meet and Greet other participants	Small groups
9:35 AM	1:00	History of PN and PN roles throughout the cancer continuum	Linda
		<u>Participant Learning Objectives:</u> Describe the origins and rationale for patient navigation Identify what occurs during each phase of the cancer continuum Identify Patient Navigator (PN) roles relevant to each phase of the cancer continuum	Linda
10:35 AM	0:10	<b>BREAK</b>	all
10:45 AM	1:00	Navigating HC system in and out of Indian Country and collaborating with members of the HC Team	Lisa
		<u>Participant Learning Objectives:</u> Understand why it is important to survey local healthcare providers, go to the facility, meet people, and diverse protocols to build relationships with the Cancer Center's staff. Demonstrate understanding of why a data base of resources is critical to meeting patients' needs. Implement an informal survey of existing cancer care resources for the local AI community. Develop strategies to address cases that do not fit the protocols. Be prepared to collaborate with others.	Lisa
		Interactive Activity: Practice assessing and matching facilities/services to local AI cancer patients. Scenario of matching people	all
11:45 AM	0:15	post-knowledge	Linda
12:00 PM		<b>ADJOURN</b>	<b>all</b>

### 8/10/2022 Communication

8:30 AM	0:30	Registration	
9:00 AM	0:10	Welcome, blessing	Lisa
9:10 AM	0:10	ARS pre-training workshop	Linda
9:20 AM	0:15	Meet and Greet other participants	Small groups
9:35 AM	1:00	AI/AN and Basic verbal, vocal and non-verbal	Linda
		Identify characteristics of verbal, vocal and non-verbal communication AI/AN communication patterns & culture	
		Interactive Activity: Identify strategies to improve communication with non-Natives	all
10:35 AM	0:10	<b>BREAK</b>	all

Start	Duration	Topics	Facilitator
10:45 AM	1:00	Common AI/AN patient-provider / family issues	Lisa
		Identify issues facing patients and their families during cancer diagnosis and treatment Identify common miscommunication between AI patients and providers	
		<b>Interactive Activity: Describe at least 3 strategies to improve the communication between the patient and healthcare provider</b>	all
11:45 AM	0:15	ARS Post knowledge	Linda
12:00 PM	0:45	<b>ADJOURN</b>	
<b>8/12/2022 Breast and Cervical Screenable Cancers</b>			
8:30 AM	0:30	Registration	
9:00 AM	0:10	Welcome, blessing	Lisa
9:10 AM	0:25	ARS pre-training workshop	Linda
9:35 AM	0:15	Meet and Greet other participants	Small groups
9:50 AM	1:00	"Get on the Path to Breast Health"	Lisa
		Identify common misinformation related to breast cancer in AI/ANs Distinguish between accurate information and common myths about breast cancer in Indian Country Identify the anatomical structure of the breast Identify the most likely areas for breast lumps to occur Identify geographic regions where new cases of breast cancer occur and where breast cancer deaths are highest among Native women Identify at least 2 factors that increase a woman's risks for developing breast cancer Identify at least 2 factors that help protect a woman from developing breast cancer Determine one's personal risk assessment based on family history, genetic make-up and epigenetics Identify the types of recommended breast cancer screening tests according to the USPTF Describe what happens before, during and following most breast cancer screening tests Identify who may pay for the costs of breast screening other than IHS Identify common symptoms of breast problems (that require access to timely medical services to determine causes of the problems)	
10:50 AM	0:15	<b>Interactive Activities: Jeopardy</b>	all
11:05 AM	0:15	<b>Break</b>	all
11:20 AM	1:00	"Get on the Path to Cervix Health"	Linda

Start	Duration	Topics	Facilitator
		<p>Identify common misinformation related to cervix cancer in AI/ANs</p> <p>Distinguish between accurate information and common myths about cervix cancer in Indian Country</p> <p>Identify anatomical structures of the cervix</p> <p>Identify geographic regions where new cases of cervix cancer occur and where cervix cancer deaths are highest among Native women</p> <p>Identify at least 2 factors that increase a woman's risks for developing cervix cancer</p> <p>Identify at least 2 factors that help protect a woman from developing cervix cancer</p> <p>Explain the relationship between HPV and cancers (cervix, head &amp; neck, liver)</p> <p>Identify facts and fallacies related to HPV</p> <p>Identify the types of recommended cervix cancer screening tests according to the USPTF</p> <p>Describe what happens before, during and following most cervix cancer screening tests</p> <p>Identify symptoms that may be related to cervical cancer</p> <p>Identify cervical cancer treatment options</p>	
12:20 PM	0:10	<b>Interactive Activities: Tic-Tac-Toe</b>	all
12:30 PM	0:30	ARS Post knowledge	Linda
1:00 PM	0:45	<b>ADJOURN</b>	
<b>8/15/2022 Outreach, Materials and Literacy</b>			
8:30 AM	0:30	Registration	
9:00 AM	0:10	Welcome, blessing	Lisa
9:10 AM	0:10	ARS pre-training workshop	Linda
9:20 AM	0:15	Meet and Greet other participants	Small groups
9:35 AM	1:00	Outreach at community events: Do's & Don'ts and exhibit booth protols (e.g., powWow, health fair)	Lisa
		<p>Identify do's and don'ts appropriate to outreach strategies with AI/AN communities</p> <p>Identify appropriate exhibit booth practices at AI/AN community events</p>	
		<b>Interactive Activity: Review a scenario and describe ways outreach strategies can be modified to be appropriate to your community</b>	all
10:35 AM	0:10	<b>BREAK</b>	all
10:45 AM	1:00	Culturally appropriate education materials and literacy	Linda
		<p>Identify factors that influence the effectiveness of materials</p> <p>Critique selected AI/AN public health products and identify ways to improve each</p> <p>Identify how to use "literacy" formulas within "Word®"</p> <p>Identify common mistakes using the Flesch-Kincaid literacy formulas within "Word®"</p>	
11:45 AM	0:10	<b>Interactive Activity: Critique selected AI/AN public health products and identify how they would need to be changed to be appropriate to your setting</b>	all
11:55 AM	0:10	ARS Post knowledge	Linda

Start	Duration	Topics	Facilitator
12:05 PM		<b>ADJOURN</b>	
<b>8/17/2022 Administering Assessment Tools and Emotionally Challenging Situations</b>			
8:30 AM	0:30	Registration	
9:00 AM	0:10	Welcome, blessing	Lisa
9:10 AM	0:10	ARS pre-training workshop	Linda
9:20 AM	0:15	Meet and Greet other participants	Small groups
9:35 AM	1:00	Emotionally challenging situations	Lisa
		<ul style="list-style-type: none"> <li>Identify potentially difficult / uncomfortable situation for which the PN is likely to encounter</li> <li>Identify strategies to address uncomfortable situations</li> <li>Identify issues that arise when dealing with dying, wills and end-of-life documents</li> </ul>	
10:35 AM	0:15	<b>Interactivity Activity: Discussion of scenarios</b>	all
10:50 AM	0:10	<b>BREAK</b>	all
11:00 AM	1:00	Goals and assessment tools frequently used in navigation programs	Linda
		<ul style="list-style-type: none"> <li>Identify strategies the PN can use to help the client / patient create feasible behavioral goals</li> <li>Identify members of the oncology team who need to be informed of the patient's wishes</li> <li>Identify how to use Stress / Distress assessment tool(s) and scores.</li> </ul>	
12:00 PM	0:15	<b>Interactive Activity: PN Complete NCCN distress thermometer and McCorkle CDC</b>	all
12:15 PM	0:15	ARS Post knowledge	Linda
12:30 PM		<b>ADJOURN</b>	
<b>8/19/2022 Colorectal and Prostate Screenable Cancers</b>			
8:30 AM	0:30	Registration	
9:00 AM	0:10	Welcome, blessing	Lisa
9:10 AM	0:25	ARS pre-training workshop	Linda
9:35 AM	0:15	Meet and Greet other participants	Small groups
9:50 AM	1:00	"Get on the Path to CRC Health"	Linda
		<ul style="list-style-type: none"> <li>Identify accurate information and common myths about CRC cancer in Indian Country</li> <li>Distinguish between accurate information and common myths about CRC cancer in Indian Country</li> <li>Identify anatomical structures of the CRC gland</li> <li>Identify geographic regions where new cases of CRC cancer occur and where CRC cancer deaths are highest among Natives</li> <li>Identify at least 2 factors that increase risks for developing CRC cancer</li> <li>Identify at least 2 factors that help protect from developing CRC cancer</li> <li>Identify the types of recommended CRC cancer screening tests according to the USPTF</li> <li>Describe what happens before, during and following most CRC cancer screening tests</li> <li>Identify Identify common signs and symptoms of problems with the CRC gland</li> <li>Identify CRC cancer treatment options and human tumor cell lines</li> </ul>	

Start	Duration	Topics	Facilitator
10:50 AM	0:10	CRC Tic-Tac-Toe	all
11:00 AM	0:15	<b>BREAK</b>	all
11:15 AM	1:00	"Get on the Path to Prostate Health"	Lisa
		<p>Identify accurate information and common myths about prostate cancer in Indian Country</p> <p>Distinguish between accurate information and common myths about prostate cancer in Indian Country</p> <p>Identify anatomical structures of the prostate gland</p> <p>Identify geographic regions where new cases of prostate cancer occur and where prostate cancer deaths are highest among Natives</p> <p>Identify at least 2 factors that increase risks for developing prostate cancer</p> <p>Identify at least 2 factors that help protect from developing prostate cancer</p> <p>Identify the types of recommended prostate cancer screening tests according to the USPTF</p> <p>Describe what happens before, during and following most prostate cancer screening tests</p> <p>Identify Identify common signs and symptoms of problems with the prostate gland</p> <p>Identify prostate cancer treatment options and human tumor cell lines</p>	
12:15 PM	0:20	<i>Interactive Activity: Jeopardy - Men's Cancers Dx, stage, treatment</i>	all
12:35 PM	0:25	ARS Post knowledge	Linda
1:00 PM		<b>ADJOURN</b>	