

## Case Scenario #1- Breast Cancer

1. You are a patient navigator who works for Mountain Health Clinic and have a new patient who will be coming for a first visit. Before the visit you want to create a **new patient** record in NACI Care© with some of the patient's demographic information.
  - a. New Patient- Enter Patient's ID (any number)
  - b. Name: Lynn Corbett
  - c. Interaction (update information; method and location are N/A) and Submit and Go to Sidebar
  - d. Demographics
    - i. Born on 04-01-1971. She is 5'2" and weighs 122 pounds.
    - ii. Lives with her boyfriend.
    - iii. She works full time at a convenience store as a clerk and has insurance with a high deductible.
    - iv. Her Primary Care Provider is Dr. Sara Rinaldo, with Mountain Health Clinic
2. Lynn comes to the clinic for visit #1. During the visit, you discuss general health behaviors, health history, family history, barriers and an upcoming diagnostic mammogram that Lynn will have because of pain in her right breast. Create a new interaction for the **existing patient** to enter the following information.
  - a. General health behaviors
    - i. Tobacco use: Lynn smokes cigarettes – half a pack a day, but is trying to quit
    - ii. Alcohol use: Lynn drinks about 2 beers socially once or twice a week.
  - b. Current health status
    - i. Pain in right breast for past two weeks-- when pressure is put on the right side
  - c. Health History- Family history
    - i. Lynn's mom had breast cancer at age 70 (5 years ago)
  - d. Barriers & Solutions

- i. Lynn has a full-time job, but finds it hard to take time off work for health care appointments because her job does not provide paid time off and she does not want to lose the income
      - ii. She often has trouble paying bills
      - iii. She shares a car with her boyfriend and therefore does not have reliable transportation.
        1. You discuss the following solutions:
          - a. Financial assistance
          - b. Transportation resources
    - e. Referrals/Appointments
      - i. Lynn's provider (Dr. Rinaldo) has referred her to a local breast center for a diagnostic mammogram for the pain in her breast
      - f. End of appointment (Interaction Summary)—The appointment lasted 30 minutes; you set a date for the next visit with Lynn
3. You receive the results of the mammogram by phone (abnormal) and are informed that Lynn is referred to a local imaging center for a biopsy. Create a new interaction to enter the results of the mammogram and the biopsy appointment.
4. You have visit #2 with Lynn. You discuss the biopsy results, which you received by phone. The results confirm cancer and the provider's next steps, which are to undergo a series of scans and lab work and a sentinel lymph node biopsy to evaluate the extent of disease. Dr. Rinaldo has also referred Lynn to Dr. Susan Shaw, Medical Oncologist, for further treatment planning. You enter this information in NACI Care© during the visit.
  - a. Referral/Appointment: update the previously entered biopsy with the results; add the referral to Dr. Shaw at a local cancer center: Mountain Cancer Center
  - b. Current Health: enter the cancer diagnosis information
  - c. End of appointment—appointment lasted 35 minutes; schedule next visit
5. You have visit #3 with Lynn (in-person, at clinic). The scans have confirmed Stage 3 disease with a tumor mass larger than 5 cm. Lynn has met with Dr. Shaw for treatment planning which includes chemotherapy to shrink the

tumor followed by mastectomy if tumor responds. In NACI Care©, go the Health Issues section to update the Cancer information, including treatment info. You provide education on the treatment and side effects and this can be entered in the education section.

- a. Breast cancer, stage 3
- b. Date path provided to HCP
- c. Date path provided to patient
- d. Date of original consultation
- e. Oncologist (Dr. Shaw) recommended that Lynn start chemotherapy for 8 weeks
  - i. Cyclophosphamide-IV 12 mg per kg once per week
- f. Education: Treatment and side effects: one-on-one
- g. End of appointment (Interaction Summary)—the appointment lasted 45 minutes; you set a date for the next visit with Lynn following her 1<sup>st</sup> dose of chemotherapy through Dr. Shaw's office.