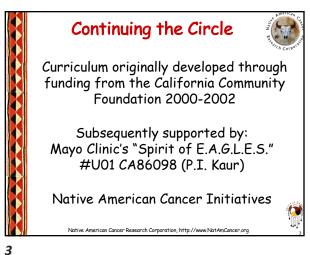
Cancer Support Circles in Indian Country Linda Burhansstipanov Lisa Harjo Terri Rattler Native American Cancer Research 3022 South Nova Road Pine, CO 80470-7830 303-838-9359 http://www.NatAmCancer.org

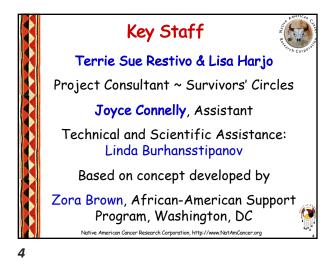
e American Cancer Research Corporation, http://w

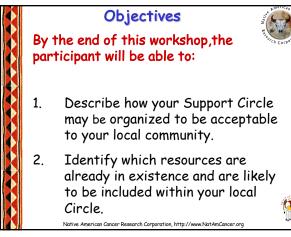
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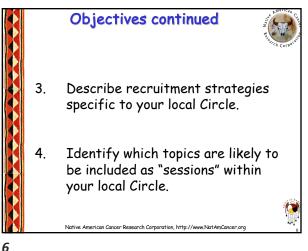


Lisa Harjo [Choctaw], Lisa Castro [Latina], Judy Hariton [England], Terri Rattler [Oglala Lakota], Linda B [Cherokee], Rose Lee [Navajo] Native American Cancer Research Corporation, http://www.NatAmCancer.org

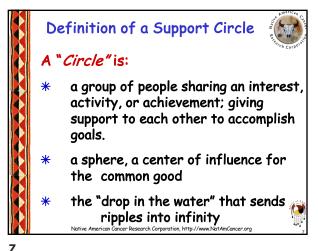




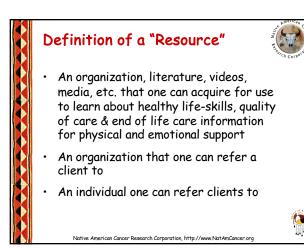


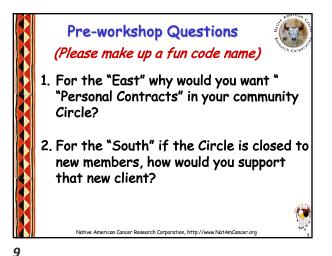


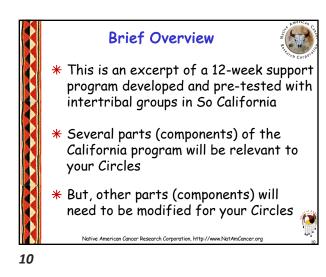
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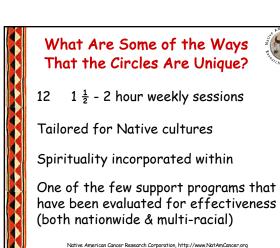


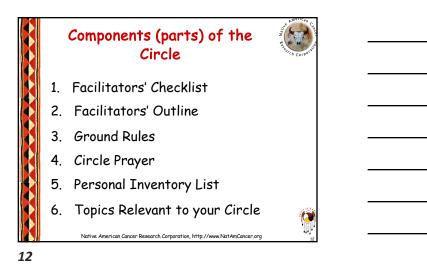


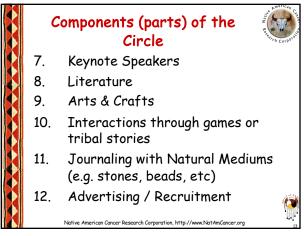


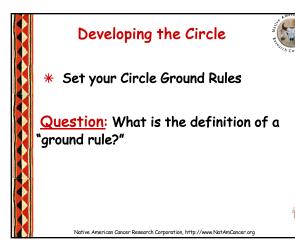


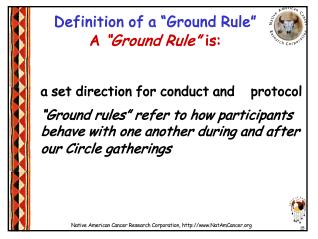


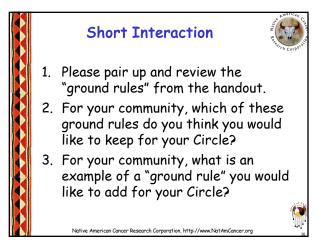












Examples of Cedar Circle's Ground Rules

- Every session begins with the same Circle spiritual blessing or prayer.
- Show respect for others...allow them to tell their story without interruptions.
- Family members and loved ones are welcomed to the group
- Positive supportive comments should take place while arts & crafts are being worked on (i.e., no negativity toward others or ourselves; spiritual pain could feed into our and others= artwork).

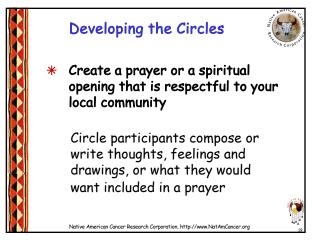
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Examples of Cedar Circle's Ground Rules

- 5. No Smoking in the building or during the Circles.
- 6. Nutritious foods & beverages only (i.e., fruits, vegetables, juices, occasionally sandwiches and other healthy snacks to promote health, healing and good tastes. Please do not bring sodas, burgers, fast-foods, etc. (Remind diabetics to watch their exchanges)
- 7. Circle participants, or their Adesignee,@ determine whether or not to invite a speaker to stay for the rest of the Circle.

Native American Cancer Research Corporation, http://www.NatAmCancer.org



Excerpt from the Cedar Circle's Prayer

Creator...thank you for bringing the women and men of the Circle back once more. Special prayers for all who were not able to make it here. Keep them safe in their travels and strong in heart.

Special prayers that we remain in good heart and good mind throughout the session.

Special prayers for the People of this land that they may continue in their quest to bring back their culture, their heritage, their traditions.

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Excerpt from the Cedar Circle's Prayer

Special prayers that we can clear our minds, calm our hearts, strengthen our determination to work for the health of ourselves, Mother Earth and all of Her inhabitants.

And, Creator, special prayers for patience to stop and listen to others; for the wisdom to understand them both inside and outside of our situations; for eyes to see around us the beauty and ugliness...and to take from that experience information to pass onto the next Circle.

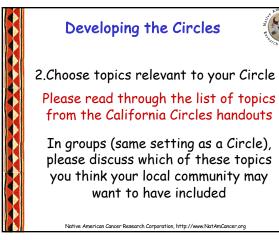
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Excerpt from the Cedar Circle's Prayer

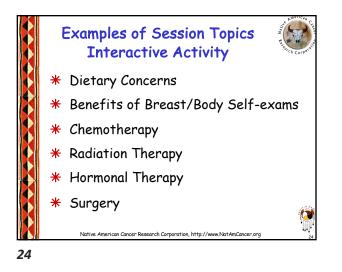
Special prayers that we have the strength to accept the stories of experiences shared by the women or men here; strength to accept the reality of a situation...both real or imagined; and ears to listen to the stories and to hear the joy or sadness in them.

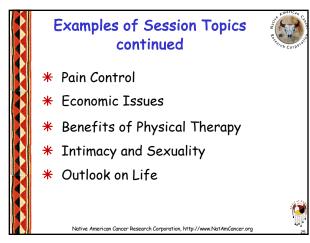
Thank you, Creator, for each breath we take; for the air; the water; the rain; the sun; the win; all that are on Mother Earth; all that is Above and all that is Below. Thank you for another day of living.

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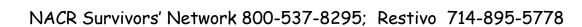


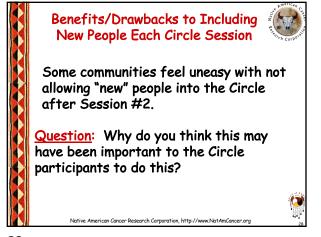












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Question: What do you think may happen if new people joined the Circle each Session?

Based on discussion with women in your local Circles, you will need to decide whether or not you should allow new people to join in each week ... especially in smaller communities

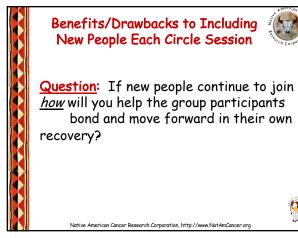
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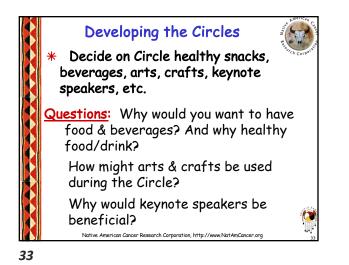




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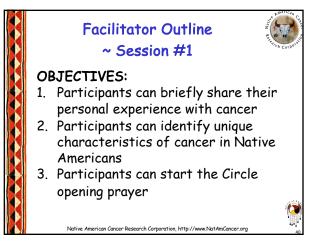


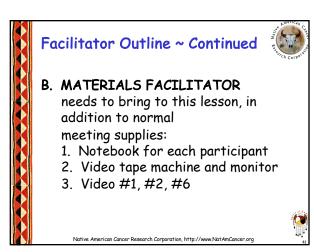




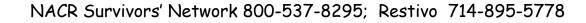
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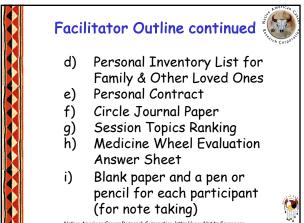


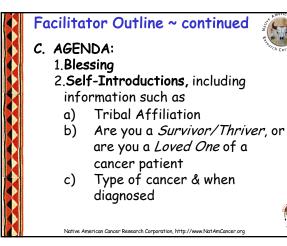




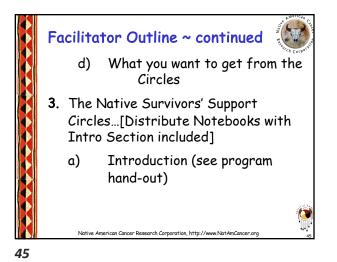




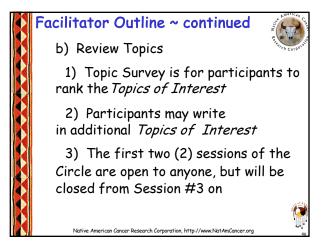


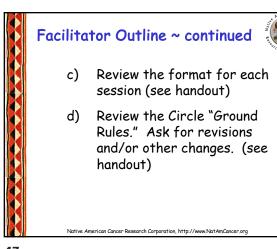




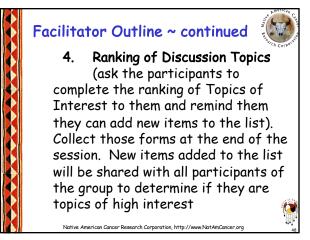


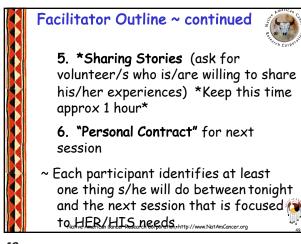
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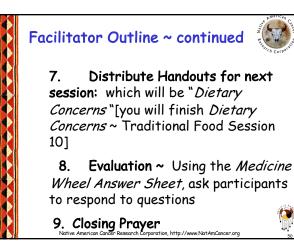








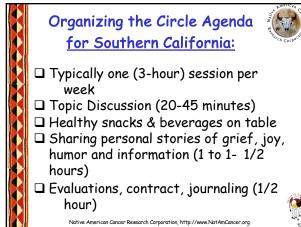






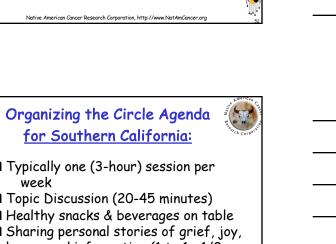














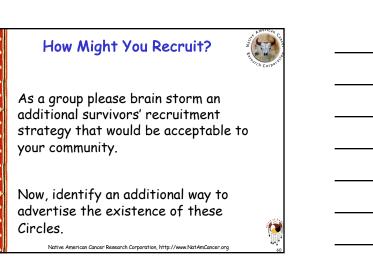






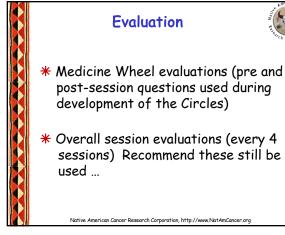


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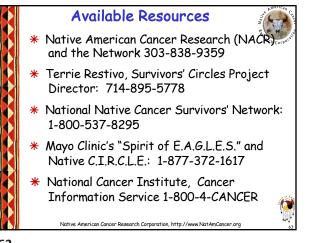






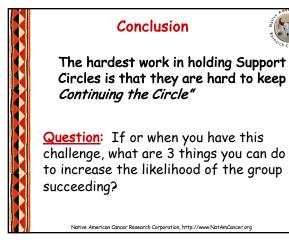


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