

Revised Dates !



Native American Cancer Research (NACR) and
Denver Indian Health and Family Services
(DIHFS)
present

a Winter Workshop Series: For Your Life and Health

Topic	Date
Nov: Healthy Eating	November 29, 2010 Denise
Dec: Energy Balance	December 6, 2010 Linda B
Keep Tobacco Sacred	December 13, 2010 Audrey
Cancer 100	December 20, 2010 Lisa H
Jan: Get on the Path to Breast Health	January 3, 2011 Audrey
Get on the Path to Colon Health	January 10, 2011 Brenda
Get on the Path to Cervix Health	January 18, 2011 Rose
Get on the Path to Prostate Health	January 24, 2011 Brenda
Environmental Contaminants	January 31, 2011 Lisa H
Feb: Living Wills	February 7, 2011 Audrey
Palliative Care	February 14, 2011 Lisa H
Overview of Native American Cancer Education (NACES) for Survivors	February 21, 2011 Linda K

All sessions will be held at DIHFS Offices on Mondays except January 18th.
1633 Fillmore Street from 9:30 AM – 11:30 AM

Space is limited. Participants will receive a small stipend for participating.
Sign-up now to reserve your space. Please call 303-953-6607